

Managed Long Term Care Plans

To learn if there were any changes made to this list after November 20, 2025, visit nymedicaidchoice.com

These are the three different types of Plans that you can join. All Plans provide Medicaid long term services and supports.



Medicaid Advantage Plus (MAP):

Also provides Medicare services. You must also join the plan's Medicare Advantage Product.



Program of All-Inclusive Care For the Elderly (PACE):

Also provides Medicare services. Many services are offered at day centers-clinics.



MLTC Medicaid Plan: You keep seeing your Medicare doctors.



Medicaid Advantage Plus (MAP)

	Contact	Service Area
UnitedHealthcare Dual Complete NY-001	1-866-547-0772 TTY: 711 www.uhc.com	Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Rensselaer, Schenectady, Warren
VNS Health Total	1-866-783-1444 TTY: 711 www.vnshealth.org	Albany, Rensselaer, Schenectady
Wellcare Fidelis Dual Plus (HMO D-SNP)	1-800-247-1447 TTY: 711 https://www.fideliscare.org/WellcareMedicare/Medicare-and-Dual-Advantage	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington



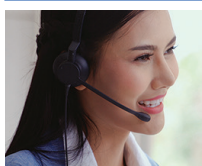
Program of All Inclusive Care for the Elderly (PACE)

	Contact	Service Area
Eddy Senior Care	1-855-376-7888 TTY: 1-800-662-1220 https://www.sphp.com/find-a-service-or-specialty/senior-services/pace/	Albany,* Rensselaer,* Schenectady <small>*This MLTC plan provides services in specific zip code areas within this County. Please call us to find out if the plan currently provides services in your area.</small>
PACE at Hudson Headwaters	1-833-499-7223 TTY: 1-800-662-1220 www.pacehh.org	Saratoga,* Warren,* Washington* <small>*This MLTC plan provides services in specific zip code areas within this County. Please call us to find out if the plan currently provides services in your area.</small>



MLTC Medicaid Plans

	Contact	Service Area
Fidelis Care at Home	1-800-688-7422 TTY: 711 https://www.fideliscare.org/Shop-For-A-Plan/Our-Plans/Fidelis-Care-At-Home	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington



Questions?

1-888-401-MLTC or 1-888-401-6582 (TTY: 1-888-329-1541)

New York Medicaid Choice

MLTC Medicaid Plans

	Contact	Service Area
Nascentia Health Options	1-888-477-4663 TTY: 711 https://nascentiahealthoptions.org/	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington
VNS Health MLTC	1-888-867-6555 TTY: 711 www.vnshealth.org	Albany, Columbia, Delaware, Fulton, Greene, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington

Here are some of the long term services and supports provided by Managed Long Term Care Plans. Medicaid Advantage Plus and Program of All-Inclusive Care for the Elderly (PACE) also cover Medicare services.



Medicaid Advantage Plus (MAP)



Program of All-Inclusive Care For the Elderly (PACE)



MLTC Medicaid Plan

Medicaid Long Term Services and Supports

- **Adult Day Health Care** (for MAP and MLTC Medicaid Plan members)
- **Clinical Day Care** (for PACE members)
- **Health Services at Your Home**
 - Nurses
 - Home health aides
 - Physical, occupational, and speech therapists
- **Nursing Home Care**
- **Personal Care**
 - Help with bathing, dressing, and grocery shopping
- **Social Day Care**
- **Specialty Health**
 - Audiology
 - Dental
 - Optometry
 - Podiatry
 - Physical, occupational, and speech therapy (Physical therapy)

- **Other Services**
 - Home-delivered meals
 - Personal Emergency Response System (PERS)
 - Consumer Directed Personal Assistance Services (CDPAS)

Medicare Services

- **Doctor office visits**
- **Specialty care**
- **Clinic visits, hospital stays**
- **Mental health services**
- **X-ray and other radiology services**
- **Chiropractic care**
- **Medicare Part D drug benefits**
- **Ambulance services**
- **Emergency room visits**