

What is the FIDA Program?

FIDA is a program in New York State for adults who have Medicare and Medicaid and need long term care.

With FIDA, you get the benefits you have now plus extra services — all in one managed care plan. You get:

- **Medicare Part A** including hospital care and home health services
- **Medicare Part B** including emergency room visits, doctor visits, and wheelchairs
- **Medicare Part D** prescription medicines
- **Medicaid** including home or nursing home care, behavioral health services and some prescription medicines

You can choose a FIDA plan that includes the doctors you want, plus you'll have:

- **One** card for all your care and medicines
- **No** premiums, deductibles or co-pays

Questions?

New York Medicaid Choice (NYMC)

Call: **1-855-600-FIDA (3432)**

TTY: 1-888-329-1541

Monday – Friday from 8:30 am to 8:00 pm and

Saturday, from 10:00 am to 6:00 pm

Online: nymedicaidchoice.com

Other ways to learn more about FIDA

1-800 Medicare

Call: **1-800-633-4227**

TTY: 1-877-486-2048

You may call 24 hours a day, 7 days a week.

Online: Medicare.gov

Independent Consumer Advocacy Network (ICAN)

FIDA Participant Ombudsman

Call: **1-844-614-8800**

TTY: 711

Monday – Friday from 8 am to 8 pm

Online: icannys.org



The FIDA program is a partnership between the New York State Department of Health and the Centers for Medicare and Medicaid Services.

FIDA

Fully Integrated
Duals Advantage
MEDICARE AND MEDICAID



A new care choice
for adults with Medicare
and Medicaid

Why Join a FIDA Plan?

You'll have the full support of a Care Team

As a FIDA plan member, you will have a Care Team — a team of your doctors, home workers and other caregivers. Your team can include people outside your plan like your family, a friend, or your social worker — you decide.

How will a Care Team help me?

A Care Team means that your doctors and other care providers can work together to make sure you get your services, get to your appointments, and get your medicines.

With a FIDA plan, you may get services that you don't have now and the full support of a Care Team — to help you stay as healthy and independent as possible.



What services does a FIDA Plan cover?

FIDA plans will give you these services and more

MEDICAID LONG TERM CARE SERVICES

■ Health Services at your home

Nurses
Home Health Aides
Physical Therapists

■ Personal Care

Helping with bathing, dressing and grocery shopping

■ Adult Day Health Care

■ Social Day Care

■ Nursing Home Care

■ Specialty Health

Audiology
Dental
Optometry
Podiatry
Physical Therapy

■ Other Services

Home-delivered meals
Personal emergency response
Transportation to medical appointments

MEDICARE AND MEDICAID SERVICES

- Doctor office visits
- Specialty care
- Clinic visits, hospital stays
- Behavioral health services
- X-ray and other Radiology services
- Chiropractic care
- Medicare Part D and Medicaid drug benefits
- Ambulance services



Who can join a FIDA Plan?

Adults 21 and older who have Medicare and Medicaid may be able to join if they need long term care, like home care or nursing home care.

People with end-stage renal disease can join a FIDA plan.

Some people are not eligible for FIDA.



How do I join a FIDA Plan?

If you have questions about FIDA plans, or to join a plan over the phone, call **New York Medicaid Choice**. Counselors can help you in all languages.

Call: 1-855-600-3432. TTY: 1-888-329-1541.

Monday – Friday, from 8:30 am to 8:00 pm.

Saturday, from 10:00 am to 6:00 pm.