

# Managed Long Term Care Plans

To learn if there were any changes made to this list after January 30, 2024, visit [nymedicaidchoice.com](http://nymedicaidchoice.com)

These are the three different types of Plans that you can join. All Plans provide Medicaid long term services and supports.



**Medicaid Advantage Plus (MAP):**

Also provides Medicare services. You must also join the plan’s Medicare Advantage Product.



**Program of All-Inclusive Care For the Elderly (PACE):**

Also provides Medicare services. Many services are offered at day centers-clinics.



**MLTC Medicaid Plan:**

You keep seeing your Medicare doctors.



## Medicaid Advantage Plus (MAP)

	Contact	Service Area
<b>Wellcare Fidelis Dual Plus (HMO D-SNP)</b>	1-800-247-1447 TTY: 711 <a href="https://www.fideliscare.org/WellcareMedicare/Medicare-and-Dual-Advantage">https://www.fideliscare.org/WellcareMedicare/Medicare-and-Dual-Advantage</a>	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington
<b>VNS Health Total</b>	1-866-783-1444 TTY: 711 <a href="http://www.vnshealth.org">www.vnshealth.org</a>	Albany, Rensselaer, Schenectady



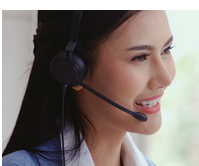
## Program of All Inclusive Care for the Elderly (PACE)

	Contact	Service Area
<b>Eddy Senior Care</b>	1-855-376-7888 TTY: 1-800-662-1220 <a href="https://www.sphp.com/find-a-service-or-specialty/senior-services/pace/">https://www.sphp.com/find-a-service-or-specialty/senior-services/pace/</a>	Albany*, Rensselaer*, Schenectady  <small>*This MLTC plan provides services in specific zip code areas within this County. Please call us to find out if the plan currently provides services in your area.</small>



## MLTC Medicaid Plans

	Contact	Service Area
<b>Fidelis Care at Home</b>	1-800-688-7422 TTY: 711 <a href="https://www.fideliscare.org/Shop-For-A-Plan/Our-Plans/Fidelis-Care-At-Home">https://www.fideliscare.org/Shop-For-A-Plan/Our-Plans/Fidelis-Care-At-Home</a>	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington
<b>iCircle Care</b>	1-844-424-7253 TTY: 711 <a href="https://www.icirclecny.org/">https://www.icirclecny.org/</a>	Delaware, Otsego



### Questions?

1-888-401-MLTC or 1-888-401-6582 (TTY: 1-888-329-1541)

**New York Medicaid Choice**

**MLTC Medicaid Plans**

	Contact	Service Area
<b>Nascentia Health Options</b>	1-888-477-4663 TTY: 711 <a href="https://nascentiahealthoptions.org/">https://nascentiahealthoptions.org/</a>	Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington
<b>VNS Health MLTC</b>	1-888-867-6555 TTY: 711 <a href="http://www.vnshealth.org">www.vnshealth.org</a>	Albany, Columbia, Delaware, Fulton, Greene, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington

Here are some of the long term services and supports provided by Managed Long Term Care Plans. Medicaid Advantage Plus and Program of All-Inclusive Care for the Elderly (PACE) also cover Medicare services.



**Medicaid Advantage Plus (MAP)**



**Program of All-Inclusive Care For the Elderly (PACE)**



**MLTC Medicaid Plan**

**Medicaid Long Term Services and Supports**

- **Adult Day Health Care** (For MAP and MLTC Medicaid Plan members)
- **Clinical Day Care** (for PACE members)
- **Health Services at Your Home**
  - Nurses
  - Home health aides
  - Physical, occupational, and speech therapists
- **Nursing Home Care**
- **Personal Care**
  - Help with bathing, dressing, and grocery shopping
- **Social Day Care**
- **Specialty Health**
  - Audiology
  - Dental
  - Optometry
  - Podiatry
  - Physical, occupational, and speech therapy (Physical therapy)

- **Other Services**
  - Home-delivered meals
  - Personal Emergency Response System (PERS)
  - Consumer Directed Personal Assistance Services (CDPAS)

**Medicare Services**

- **Doctor office visits**
- **Specialty care**
- **Clinic visits, hospital stays**
- **Mental health services**
- **X-ray and other radiology services**
- **Chiropractic care**
- **Medicare Part D drug benefits**
- **Ambulance services**
- **Emergency room visits**